

SEPTEMBER | 2022



LAWTON BREAKFAST MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>29 FAT FREE MILK BANANA MUFFIN LOW FAT STRING CHEESE FRESH APPLE SLICES 100% FRUIT JUICE</p>	<p>30 FAT FREE MILK SAUSAGE/EGG/CHEESE ON A WHOLE GRAIN BAGEL FRESH WHOLE FRUIT 100% FRUIT JUICE</p>	<p>31 FAT FREE MILK YOGURT WHOLE GRAIN CRACKERS FRUIT CUP 100% FRUIT JUICE</p>	<p>1 FAT FREE MILK WHOLE GRAIN PANCAKES FRESH WHOLE FRUIT 100 % FRUIT JUICE Elementary Only Multi-Grain Cheerios Breakfast Kit</p>	<p>2 LABOR DAY BREAK NO SCHOOL USDA is an equal opportunity provider and employer</p>
<p>5 LABOR DAY BREAK NO SCHOOL USDA is an equal opportunity provider and employer</p>	<p>6 FAT FREE MILK SAUSAGE/EGG/CHEESE ON A WHOLE GRAIN BAGEL FRESH WHOLE FRUIT 100% FRUIT JUICE</p>	<p>7 FAT FREE MILK YOGURT WHOLE GRAIN CRACKERS FRUIT CUP 100% FRUIT JUICE</p>	<p>8 FAT FREE MILK WHOLE GRAIN PANCAKES FRESH WHOLE FRUIT 100 % FRUIT JUICE Elementary Only Multi-Grain Cheerios Breakfast Kit</p>	<p>9 FAT FREE MILK EGG AND CHEESE SERVED ON A WHOLE GRAIN ENGLISH MUFFIN FRESH APPLE OR ORANGE 100% FRUIT JUICE</p>
<p>12 FAT FREE MILK BANANA MUFFIN LOW FAT STRING CHEESE FRESH APPLE SLICES 100% FRUIT JUICE</p>	<p>13 FAT FREE MILK SAUSAGE/EGG/CHEESE ON A WHOLE GRAIN BAGEL FRESH WHOLE FRUIT 100% FRUIT JUICE</p>	<p>14 FAT FREE MILK YOGURT WHOLE GRAIN CRACKERS FRUIT CUP 100% FRUIT JUICE</p>	<p>15 FAT FREE MILK WHOLE GRAIN PANCAKES FRESH WHOLE FRUIT 100 % FRUIT JUICE Elementary Only Multi-Grain Cheerios Breakfast Kit</p>	<p>16 FAT FREE MILK EGG AND CHEESE SERVED ON A WHOLE GRAIN ENGLISH MUFFIN FRESH APPLE OR ORANGE 100% FRUIT JUICE</p>
<p>19 FAT FREE MILK BANANA MUFFIN LOW FAT STRING CHEESE FRESH APPLE SLICES 100% FRUIT JUICE</p>	<p>20 FAT FREE MILK SAUSAGE/EGG/CHEESE ON A WHOLE GRAIN BAGEL FRESH WHOLE FRUIT 100% FRUIT JUICE</p>	<p>21 FAT FREE MILK YOGURT WHOLE GRAIN CRACKERS FRUIT CUP 100% FRUIT JUICE</p>	<p>22 FAT FREE MILK WHOLE GRAIN PANCAKES FRESH WHOLE FRUIT 100 % FRUIT JUICE Elementary Only Multi-Grain Cheerios Breakfast Kit</p>	<p>23 FAT FREE MILK EGG AND CHEESE SERVED ON A WHOLE GRAIN ENGLISH MUFFIN FRESH APPLE OR ORANGE 100% FRUIT JUICE</p>
<p>26 FAT FREE MILK BANANA MUFFIN LOW FAT STRING CHEESE FRESH APPLE SLICES 100% FRUIT JUICE</p>	<p>27 FAT FREE MILK SAUSAGE/EGG/CHEESE ON A WHOLE GRAIN BAGEL FRESH WHOLE FRUIT 100% FRUIT JUICE</p>	<p>28 FAT FREE MILK YOGURT WHOLE GRAIN CRACKERS FRUIT CUP 100% FRUIT JUICE</p>	<p>29 FAT FREE MILK WHOLE GRAIN PANCAKES FRESH WHOLE FRUIT 100 % FRUIT JUICE Elementary Only Multi-Grain Cheerios Breakfast Kit</p>	<p>30 NO SCHOOL TEACHER PD DAY</p>

News

WELCOME BACK FOR SCHOOL YEAR 2022-23

ALL USDA WAIVERS FOR FREE MEALS FOR EVERYONE HAS NOW ENDED! THIS YEAR'S MEALS RETURN TO FULL PAY STATUS OR THE MEAL STATUS DETERMINED ON YOUR LUNCH MEAL APPLICATION.

PLEASE MAKE SURE TO FILL OUT A NEW LUNCH MEAL APPLICATION FOR THIS SCHOOL YEAR! 2022-2023

LUNCH APPLICATIONS ARE AVAILABLE IN ALL OUR BUILDINGS OR ON OUR Lawton community schools website.

ALL BREAKFAST AND LUNCH MEAL PRICES WILL REMAIN THE SAME AND ARE UNCHANGE FROM 2019-2020.

Lunch prices 2022-23

Breakfast \$2.50

Elementary \$2.85

Middle school \$3.25

High School \$3.25

MILK CHOICES

INCLUDE FLAVORED

AND UNFLAVORED

FAT FREE MILK

DAILY WITH ALL MEALS