



# JANUARY | 2018

## MIDDLE SCHOOL LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> CHRISTMAS BREAK NO SCHOOL	<b>2</b> CHRISTMAS BREAK NO SCHOOL	<b>3</b> CHRISTMAS BREAK NO SCHOOL	<b>4</b> CHRISTMAS BREAK NO SCHOOL	<b>5</b> CHRISTMAS BREAK NO SCHOOL
<b>8</b> FAT FREE MILK WG Popcorn Chicken Mashed potatoes & Gravy Golden corn Applesauce WG dinner roll Salad bar	<b>9</b> FAT FREE MILK Boneless Honey Beef Riblets Baked potato wedges Bolstered Baked Beans Mixed munchies melon Salad bar	<b>10</b> FAT FREE MILK Build your own Nacho Bar Meat and cheese Lettuce/tomato/salsa/sr cream Black bean and corn fiesta Fresh apple slices Salad bar	<b>11</b> FAT FREE MILK Southern delight Waffle and chicken bites Warm syrup Hash brown Fresh grapes & mixed fruit 100% fruit juice Salad bar	<b>12</b> FAT FREE MILK VILLA PERMA PIZZA DAY Double stuffed pepperoni pizza Steamed broccoli buds with cheese sauce Pineapple tid-bits Salad bar
<b>15</b> FAT FREE MILK Full sized corn dog Fun sized Doritos Bolstered baked beans Cinnamon applesauce Salad bar	<b>16</b> FAT FREE MILK Asian stir fry day New Orleans's style General Tso' spicy chicken Stir fry veggies Fluffy wild brown rice Fortune cookie Mandarin oranges Salad bar	<b>17</b> FAT FREE MILK Reduced fat macaroni and cheese Savory garlic toast Seasoned green beans Sliced pears Salad bar	<b>18</b> FAT FREE MILK Taste of Italy Bosco cheese stuffed breadstick Dippin sauce Steamed broccoli buds Mixed melon chunks Salad bar	<b>19</b> HALF DAY OF SCHOOL  BREAKFAST SERVED
<b>22</b> FAT FREE MILK Baked whole grain chicken nugget Cottage cheese/Granola Bar Mixed green garden salad Diced peaches Salad bar	<b>23</b> FAT FREE MILK Seasoned beef Tacos Lettuce/tomato/cheese Tex-mex refried bean dip Black bean & corn fiesta Mixed fruit Salad bar	<b>24</b> FAT FREE MILK Baked Steak burger Served on a whole grain bun Baked oven potato puffs Baked beans Orange wedges Salad bar	<b>25</b> FAT FREE MILK Classic homemade chili/soup Whole grain crackers Whole grain bread stick Baby carrots and low fat dip Fresh red grapes Salad bar	<b>26</b> FAT FREE MILK PIZZA DAY Homestyle whole grain pizza Your choice cheese or pepperoni Steamed broccoli buds or peas Sliced pears/salad bar
<b>29</b> FAT FREE MILK Hotdog cook-out day Hotdog on a whole grain bun Fun sized chips Body building baked beans Chilled pears Salad bar	<b>30</b> FAT FREE MILK Beef and Cheese burrito TEX Mex refried bean dip with Nacho Chips Brown wild rice Fresh apple Salad bar	<b>31</b> FAT FREE MILK CHICKEN BOWL Popcorn chicken Mashed potatoes and gravy Whole grain dinner roll Golden Savory Corn Applesauce Salad bar		

### News

**Lunch prices 2017-18**  
**Breakfast \$2.00**  
**Elementary \$2.75**  
**Middle school \$3.00**  
**High School \$3.00**

**MILK CHOICES**  
**INCLUDE FLAVORED**  
**AND UNFLAVORED**  
**FAT FREE MILK**  
**DAILY WITH ALL MEALS**

**YOU MAY NOW**  
**MAKE ON-LINE LUNCH**  
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