



# MARCH | 2018

## HIGH SCHOOL LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<b>1</b> FAT FREE MILK Southern delight Waffle and chicken bites Warm syrup Hash brown Fresh grapes & mixed fruit 100% fruit juice Salad bar	<b>2</b> FAT FREE MILK PIZZA DAY Homestyle whole grain pizza Your choice cheese or pepperoni Steamed broccoli buds or peas Sliced pears/salad bar
<b>5</b> FAT FREE MILK French dip sandwich Roast beef & Mozz Cheese AuJuis Dippin Sauce Oven baked fries Home-style baby carrots Pineapple tid-bits Salad bar	<b>6</b> FAT FREE MILK Build your own Nacho Bar Meat and cheese Lettuce/tomato/salsa/sr cream Black bean and corn fiesta Fresh apple slices Salad bar	<b>7</b> FAT FREE MILK Reduced fat macaroni and cheese Savory garlic toast Seasoned green beans Sliced pears Salad bar	<b>8</b> FAT FREE MILK Turkey & gravy Served over mashed potatoes Dinner roll Seasoned golden corn Fresh orange Salad bar	<b>9</b> HALF DAY OF SCHOOL BREAKFAST SERVED  <b>USDA is an equal opportunity provider and employer"</b>
<b>12</b> FAT FREE MILK Baked whole grain chicken nugget Cottage cheese/Granola Bar Mixed green garden salad Diced peaches Salad bar	<b>13</b> FAT FREE MILK Seasoned beef Tacos Lettuce/tomato/cheese Tex-mex refried bean dip Black bean & corn fiesta Mixed fruit Salad bar	<b>14</b> FAT FREE MILK Baked Steak burger Served on a whole grain bun Baked oven sweet potato puffs Baked beans Orange wedges Salad bar	<b>15</b> FAT FREE MILK Classic homemade chili/soup Whole grain crackers Whole grain bread stick Baby carrots and low fat dip Fresh red grapes Salad bar	<b>16</b> FAT FREE MILK PIZZA DAY Homestyle whole grain pizza Your choice cheese or pepperoni Steamed broccoli buds or peas Sliced pears/salad bar
<b>19</b> FAT FREE MILK Tasty Honey Beef dippers Oven baked fries Whole grain breadstick Baby carrots and dip Mixed fruit Salad bar	<b>20</b> FAT FREE MILK Chicken fajita Served on ultra grain tortilla Green peppers and onions Tex-mex refried bean dip Fresh romaine garden salad Sliced peaches Salad bar	<b>21</b> FAT FREE MILK Full sized corn dog Baked tarter tots Bolstered baked beans Cinnamon applesauce Fresh fruit apple/orange Salad bar	<b>22</b> FAT FREE MILK CHICKEN BOWL Popcorn chicken Mashed potatoes and gravy Whole grain dinner roll Golden Savory Corn Applesauce Salad bar	<b>23</b> FAT FREE MILK Taste of Italy Bosco cheese stuffed breadstick Dippin sauce Steamed broccoli buds Pineapple tid-bits Salad bar
<b>26</b> FAT FREE MILK Hot ham and cheese On a WG brioche bun Baked beans Fun sized cheetos Diced peaches Salad bar included with all meals	<b>27</b> FAT FREE MILK Student favorite Walking taco meat/cheese Baked fritos Tex-mex refried bean dip Fresh romaine garden salad Sliced peaches Salad bar	<b>28</b> FAT FREE MILK Asian stir fry day New Orleans's style General Tso' spicy chicken Stir fry veggies Fluffy wild brown rice Fortune cookie Mandarin oranges Salad bar	<b>29</b> FAT FREE MILK PIZZA DAY Homestyle WG stuffed crust pizza Your choice cheese or pepperoni Steamed broccoli buds or peas Sliced pears/salad bar	<b>30</b> NO SCHOOL

### News

**Lunch prices 2017-18**  
**Breakfast \$2.00**  
**Elementary \$2.75**  
**Middle school \$3.00**  
**High School \$3.00**

**MILK CHOICES  
 INCLUDE FLAVORED  
 AND UNFLAVORED  
 FAT FREE MILK  
 DAILY WITH ALL MEALS**

**YOU MAY NOW  
 MAKE ON-LINE LUNCH  
 ACCOUNT  
 PAYMENTS**

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